

TIRED ON THE INSIDE

Series: This Verse Changed My Life

What do we do when not just our body but our soul, mind, and spirit feel tired? This weekend we talked about how to replenish our inner being when we feel most depleted.

Weekly Devotional:

8/1 - John 4:1-6 - The Bible tells us that even Jesus, the perfect one, got tired sometimes and had to take a rest. How can this help you feel seen or relate more to Jesus? What's making you most tired lately?

8/2 - John 4:7-14 - As Jesus teaches this woman about how other "water sources" will leave her thirsty on the inside, God is teaching us that any source of true fulfillment for our soul, outside of him, is incomplete. What "well" do you most often go to other than Jesus for fulfillment? Has it been more satisfying or leaving you more thirsty?

8/3 - John 4:15-26 - It's amazing how Jesus just met this woman but got that "real" with her. We serve a God that doesn't go around our issues but goes right through them. If Jesus met you at a well today, what very real issue do you think he would bring up in your life to help heal you from? What do you think he would say to you?

8/4 - Ephesians 3:14-21 - Paul is teaching us here that through faith in Jesus, he makes his home in our inner being, imparting strength and resilience to us. When you pray, where do picture that Jesus is? Do you think you have an intimate view of Jesus? Why or why not?

8/5 - John 17:20-26 - In verse 21, Jesus expresses his desire for us to have union with the Father, just as he does. We talked on Sunday about some of the evidences of union with God being: Shared Character, Shared Passions, Shared Concerns, and Shared Time. Which of these would you say you are most unified with God on? Which one do you want to work on most?

Challenge:

3 Minute Pause. Spend three minutes each morning loving Jesus. Aim for complete silence, focus on his presence inside of you, receive his strength and love, and listen to his voice.